



Adult Social Care Select Committee  
22 February 2012

## Older People's Mental Health and Dementia Strategy Update

**Purpose of the report:** Scrutiny of Services – This report is an update on the implementation of the Older People's Mental Health and Dementia Strategy.

### Introduction:

1. Surrey County Council and NHS Surrey jointly commissioned an Older People's Mental Health and Dementia Strategy which, following a 12 week public consultation period in the summer of 2010, was endorsed by the Select Committee at its meeting on 23 November 2010 and the Board of NHS Surrey in January 2011.
2. The core objective of this five-year strategy is to improve the quality of older people's mental health services by integrating the health and social care older people's community mental health teams and establishing a community-based dementia service that supports people to live at home in the community and reduce dependency on residential care placements.
3. The strategy is a collaborative whole systems approach with partners targeting areas where efficiencies can be affected and services improved led by executive leadership from Adult Social Care.
4. The focus of the five-year strategy has concentrated on delivering improvements in the following areas:
  - a) providing information and advice on dementia for the public, people who use our services and their carers;
  - b) providing intermediate care for older people with mental illness or dementia;
  - c) improving the quality and effectiveness of in-patient care for older people with mental illness or dementia in acute general hospitals;
  - d) improving the quality of long term end of life care, working with care homes to deliver person centred care services;

- e) establishing an infrastructure of day care provision and respite services in the 11 Districts/Boroughs we work with; and
- f) providing early diagnosis, treatment and support to people suffering from dementia in their local communities.

<b>Overview of needs in Surrey</b>
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5. Surrey has approximately 14,500 people over the age of 65 with Dementia, which equates to 1 in 12. This figure will rise to approximately 17,500 by 2020, which is consistent with the predictive increase in population rise for older people. Less than 6,000 of the 14,500 people with dementia have a formal diagnosis of dementia, which means that the main cohort of older people we are targeting are frail elderly.
6. Avoidable admissions to acute general hospitals account for 75% of dementia costs (both health and social care). There are five acute hospitals in Surrey and one in Kingston, which the Surrey population of East Elmbridge use. Most people with dementia have more than one co-morbidity, which must be taken into account when care and treatment is provided.
7. The current Adult Social Care spend on residential care placements for people with dementia is £30m (2009/2010), which will rise to £37.2m by 2020 if we continue our current models of practice for people with dementia.

### Success stories

8. Surrey has built a national reputation for its approach to dementia. This success is best illustrated by the testimony of a daughter of a woman who attends a dementia day centre in Spelthorne which Surrey commissions.
 

“Perhaps I could take this opportunity to tell you how much we appreciate the Cameo group at the Greeno centre. Although anxiety sometimes gets in the way in the morning, Mum always comes back animated and smiling. Wednesday is our best day (of the) week, Mum is happy because she is actively stimulated, does not feel threatened, and feels capable and worthy again, and it’s my best day because I know she is happy and in caring hands.”
9. Surrey has worked with the Department of Health to develop a local reporting tool that measures the nine outcomes of the National Dementia Strategy. This tool has been included in the national commissioning pack for dementia launched in July 2010 by the Health Minister as an example of best practice for other authorities to use.
10. We have invested jointly with NHS Surrey in 18 dementia navigators who offer support and advice to people with dementia and their carers. They work closely with the statutory services and are highly valued by carers as the linchpin of support and advice for people who suffer with dementia.

11. We work in partnership with the 11 Districts and Boroughs to ensure that we have sufficient day care places for people with dementia. We are planning to open a day care centre in Runnymede (The Orchard) accommodating 20 places a day for people with dementia. This is a collaborative partnership between Runnymede Borough Council, the Alzheimer's Society and Surrey County Council.
12. We are opening our first local wellbeing centre in Runnymede in March 2012. This centre will be a local information centre for dementia and a venue where peer support groups and professional meetings can take place. We plan to open six more of these centres in 2012/2013 in partnership with our Borough colleagues.
13. We have produced a DVD on living with dementia in Surrey, which has been widely distributed to both the public and a range of local organisations. The DVD explains what dementia is and reassures people and the public that services are available locally when help and support is required. The DVD is also available on YouTube.
14. We are working with the General Practitioner Consortia in Woking on a public engagement programme where we will be targeting local surgery waiting rooms with stalls that have information about dementia, as well as playing the DVD to waiting patients. This programme is scheduled to begin at the end of March 2012. Additionally, we are producing a bi-monthly public newsletter called 'Fading Memories', which will contain information on the development of local services. The first edition is scheduled for distribution in February 2012.
15. We have completed an audit of training on dementia across agencies in Surrey and have set up an inter-agency training consortium that will agree priority training requirements and set standards of competency for the training programme. We are currently finalising an inter-agency leadership programme for dementia with the intention of running leadership programmes across agencies later in 2012.
16. We have reduced the number of residential placements for people with dementia from 138 placements in 2008/2009 to 110 placements in 2010/2011. This reduction produces savings of over £650k and is consistent with our commitment to support people to live in their own home for as long as they choose to.
17. We have invested £1.68m of the whole systems partnership grant in the establishment of 24-hour/7-days a week crisis services and psychiatric liaison services over a period of two years. This investment is intended to address and reduce the avoidable admissions to acute hospitals in Surrey. The efficiencies derived from the work of these preventative services will fund the ongoing revenue of these services and establish a model of service delivery where avoidable admissions to acute hospitals do not become issues of concern for the future. The impact of this investment in reducing avoidable admissions will be monitored through an agreed metric developed by the Department of Health in the Commissioners Pack for Dementia launched in July 2011.

18. We have invested in the recruitment of 14 social care practitioners who will work in the multi-disciplinary Older Peoples Community Mental Health Teams providing a seamless health and social care service to vulnerable older people with mental health problems, including dementia. Seven of these practitioners have been in post for over a year with an additional seven being recruited to support hospital discharge and enhance the capacity of the 11 teams in Surrey.
19. We have responded to the call for action to address the use of anti-psychotic drugs in care homes. A local GP has been identified to set out a programme of work across Surrey and will be working with pharmacists, general practitioners and psychiatrists to ensure that there are annual reviews of medication and a focus on person centred care, not over reliance on anti-psychotic drugs to control behaviour.

<b>Conclusions:</b>
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20. The strategy has an implementation timeline of five years. We believe that our progress to date has matched our ambitions to deliver a sustainable whole systems community based strategy that will absorb the demographic increases predicted in the population of older people with dementia, and establish services that support people to remain in their own home for as long as they wish to.

### **Financial and value for money implications**

21. The shift from hospital to community services will deliver efficiencies across the whole system. The areas of efficiency will initially relate to reducing avoidable admissions to acute hospitals and adult social care will continue to reduce admissions to residential care, as we establish a sustainable infrastructure of community based services.

### **Equalities Implications**

22. An equality impact assessment was completed when the strategy was agreed in 2010.

### **Risk Management Implications**

23. The key risk remaining is an uncertain economic climate where partner agencies are challenged to sustain their commitment to whole systems working. We are confident that with strong community leadership from our executive director, these risks will be mitigated.

### **Implications for the Council's Priorities or Community Strategy**

24. The progress made is consistent with the Council's priorities and contributes to the vision for adult social care: *'Working with all our partners to make a difference to the lives of people, through trusted, personalised and universal social care support, so people have choice and control, and can maximise their wellbeing and independence in their*

*local community*'. Mental health and substance misuse services support some of the most disadvantaged people in Surrey to:

- Live independently and safely
- Have as much choice and control over their lives as possible
- Live in their own home if they wish, or other accommodation of their choice
- Find out about information, services and support available and how to access them
- Get the support they need in local and community settings, and
- Remain safe from abuse.

**Recommendations:**

25. The Adult Social Care Select Committee is requested to endorse the progress made to date and continue to support the implementation of this five-year strategy.

**Next steps:**

To continue progress in the implementation of this strategy.

**Report contact:**

Anne Butler, Assistant Director for Commissioning, Adult Social Care  
Donal Hegarty, Senior Manager, Commissioning, Adult Social Care

**Contact details:**

Phone 01483-518442, email: [anne.butler@surreycc.gov.uk](mailto:anne.butler@surreycc.gov.uk)  
Phone 01483-517944, email: [donal.hegarty@surreycc.gov.uk](mailto:donal.hegarty@surreycc.gov.uk)

**Sources/background papers:**

Link to Joint Commissioning Strategy.

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